



What is social thinking?

Social thinking is perspective taking. It is having the awareness of other people's points of view, emotions, thoughts, beliefs, and intentions. For most people, this social awareness is something we take for granted. It's an intuitive process that allows us to decode unspoken social messages within milliseconds and helps guide us to proper responses that match the social context. For others, social thinking is a source of confusion and frustration that leads to isolation and loneliness. This is particularly acute in children with autism spectrum disorders (especially high-functioning autism and Asperger Syndrome), ADHD, nonverbal learning disorder, and similar challenges.

Who is Social Bridges?

Social Bridges of New England is a private clinic based in Bedford, NH that specializes in teaching children social cognitive skills using the highly regarded "Social Thinking" program developed by speech and language pathologist, Michelle Winner.



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Social Thinking and related social skills training



Individual Therapy
Group Therapy
Training



Helping children connect with their peers



Therapy that's focused on helping children connect with their peers

SUPERVISED BY TRAINED SOCIAL THINKING THERAPISTS

Social Bridges uses the principles of the renowned "Social Thinking" curriculum developed by Michelle Winner to help children with social cognitive deficits decode the unwritten rules of social interactions and help them be successful with their peers.

Social Bridges provides the keys to success

Social Thinking Curriculum

Social Bridges uses the Social Thinking program as the basis for its therapy. The program is the leading methodology for teaching social skills to people with social cognitive deficits.

Expert Oversight

The clinical director of Social Bridges, Thea Davis, is a Board Certified Behavior Analyst (BCBA) who completed her Social Thinking mentor training directly with the program's creator, Michelle Winner. Thea now oversees a staff of highly trained therapists who are knowledgeable in the principles of Social Thinking

Trained Therapists

Social Bridges' therapists receive intensive Social Thinking training and ongoing professional development.

SERVICES PROVIDED

Social Bridges of New England provides individual and group therapy services that address the social and organizational issues of children, ages preschool and K through 12, with high functioning autism, PDD-NOS, Asperger Syndrome, non verbal learning disorder (NVLD), ADHD, and other related social learning disabilities. Group therapy is limited to a maximum of four clients per group

THERAPY OBJECTIVES

The objective of the therapy sessions is to give the individual a better understanding of the following concepts:

- Recognize when they are in a social situation
- Learn perspective taking skills: understanding others' emotions, thoughts, beliefs, and intentions
- Monitor their own behavior, while considering how others perceive and respond to them
- Adapt to the people and situations around them across different social contexts, such as a classroom, playground or birthday party

TRAINING WORKSHOPS

Social Bridges also offers training workshops for school staff, paraprofessionals, and families.

- Introduction to Social Thinking
- Theory of mind / perspective taking



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